FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Constant Guy J						2. Issuer Name and Ticker or Trading Symbol RED ROBIN GOURMET BURGERS INC [ RRGB ]									tionship of Reportin all applicable) Director Officer (give title		10% (		
(Last) (First) (Middle) 6312 S. FIDDLER'S GREEN CIR.						3. Date of Earliest Transaction (Month/Day/Year) 03/15/2019								X	belov	v) Chief Oper	I	below)	
STE. 200N					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applica					
(Street) GREENV		20	80111											X		filed by One filed by Mor on		-	
(City)	?)	State)	(Zip)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/						Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (Disposed Of (D) (Instr. and 5)					3, 4 Sec Ber Owi			6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	Amount		A) or D)	Price		Following Reported Transaction(s) (Instr. 3 and 4)		(54. 4)		(			
Common Stock 03/15/					019		F		194(1)		D	\$28.	8.85 3		,716(2)	D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Title of 2.			4. Transac Code (I 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	C. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instrance 3 and 4)  Amount or Numb of Title Share		ount			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owne Form Direc or Ind (I) (In 4)	: t (D) direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

## Explanation of Responses:

1. In connection with the vesting of 694 time based restricted stock units which were granted on March 15, 2018, under the issuer's 2017 Performance Incentive Plan, the reporting person sold 194 of such shares to the issuer to satisfy tax withholding obligations. The sale was approved by the issuer's Compensation Committee in accordance with Rule 16b-3(d)(1) of the Exchange Act, and as such, is exempt from Section 16(b) pursuant to Rule 16b-3(e) promulgated thereunder.

2. Includes 23,537 shares subject to vesting and forfeiture restrictions.

/s/ Michael L. Kaplan, Attorney-in-Fact 03/18/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.